

# KiDA | Quarterly

Kids Institute for Development & Advancement

Winter 2009



**New Year's Special:**  
**Get 2 FREE sessions when you invite  
a friend to KiDA!**  
(see reverse for more information)

*inside*  
**THIS ISSUE**

## ABA WAITING LIST BEGINS

KiDA is thrilled to announce that the waiting list for our ABA program is now open. The program is expected to launch in Spring 2010. KiDA is already vendored through Regional Center of Orange County for our in-home program for children over the age of 3. Vendorization for under 3 ABA, which is given on-site at KiDA, is in progress. The curriculum and program are designed and developed by a team of specialists in the field of ABA. Call KiDA for more information or to join the waiting list.

### What is ABA?

Applied Behavior Analysis (ABA) uses methods based on scientific principles to improve socially significant behaviors. ABA utilizes a system of rewards and consequences to reduce maladaptive behaviors and build functional communication, independent living skills, education, and social interactions. ABA is considered by some to be a scientifically proven method of treatment for children with autism. Many believe that ABA can produce lasting improvements for most people with autism, regardless of their age.

### KiDA opens ABA waiting list

*ABA Program to launch in early 2010 - sign up now! (pg 1)*

### FBA's Offered

*Functional behavior assessments from BCBA (pg 1)*

### Mommy & Me Group launches in January

*Program for parent-child bonding & child development (pg1)*

### Parent Education

*Parents learn about sensory processing while kids engage in a karate lesson (page 2)*

### Halloween Party Recap

*It was a spook-tacular night! (pg 2)*

### Meet our Staff!

*KiDA welcomes new OT & BCBA (pg 2)*

### Resources

*Helpful resources for the family (pg 2)*

## KiDA OFFERS FBAs

With the addition of BCBA Christina McReynolds (see reverse), KiDA is now offering Functional Behavioral Assessments (FBAs). FBAs analyze maladaptive behaviors through an in-depth process of individual observations, parent interviews, and experimental analysis. Through this assessment, a behavioral intervention plan is created to support the child and family through direct intervention and parent education. FBAs are the backbone of a successful ABA program, as they lay the grounds for key areas to work on. Call today to set up an appointment for an FBA.

## LAUNCH OF MOMMY & ME GROUP

The beginning of 2010 marks the beginning of a new group, Mommy & Me. This group, led by an experienced occupational therapist, is geared toward parent-child bonding and child development. Areas of emphasis include fine and gross motor skills, language development, interaction with and awareness of other kids, parent education on typical development, and take-home tips for parents. Children ages 6 months to 18 months are invited to join. Call today to join the Mommy & Me waiting list.



Check out our new website! [www.kida.com](http://www.kida.com)  
(949) 222-2214 • 16832 Red Hill Avenue, Irvine, CA 92606

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## 2 FREE SESSIONS at KiDA!

We appreciate when you share with your friends about KiDA's services. To show our appreciation, we are offering a New Year's Special—if you invite a friend to try KiDA and they make a 3 month commitment to a social group or individual therapy, you will receive 2 FREE SESSIONS! Act fast—offer ends March 15, 2010.

Also, all current and new KiDA clients receive \$15 off each session when a 3-month commitment is made for group services between January 1 and March 15th, 2010. Take advantage of these deals by contacting KiDA today.

## HALLOWEEN PARTY SUCCESS

Over 40 families joined KiDA for the first annual Halloween Party. Between face painting, custom balloon designs, carnival games, and even a DJ, it was non-stop fun.



Thanks to all of our friends that made this night a spook-tacular success!

## PARENTS LEARN WHILE KIDS DO MARTIAL ARTS

Join us Wednesday, January 13, 2010, from 4:00-5:00pm for a parent sensory lesson taught by Occupational Therapist Lindsey Raithel. During the lesson, Wayne Centra of Karate for All will guide kids through the basics of karate in the gym. Visit our website, [www.kida.com](http://www.kida.com), for more information.

## MEET OUR NEW STAFF

### Christina McReynolds Ed.S., M.S., BCBA

Christina is a nationally certified behavior analyst with fourteen years of experience working with individuals with disabilities. She is a respected specialist in behavior and autistic disorders, and has experience working in schools, homes, and as a consultant for the OCDE. We are thrilled to have Christina on our team to offer Functional Behavior Assessments.



### Erica Nectow OTD, OTR/L

Erica is a licensed and registered occupational therapist with her masters and doctorate of Occupational Therapy from USC. She spent a year in New York developing her knowledge of sensory integration and motor development while working with individuals with developmental delays. We are honored to have Erica on our team. Erica runs our action-packed Club KiDA group and offers individual occupational therapy.

## FAMILY RESOURCE CENTER\*

local businesses that serve families and children with special needs

### PEDIATRIC DENTIST

Dr. Richard Mungo

7891 Talbert Ave. #103, Huntington Beach, CA 92  
(714) 841-4990 - [www.drmungo.com](http://www.drmungo.com)

Dr. Mungo has over 20 years of dental experience. He has won many awards including the LIFE achievement award for his dedication to serving individuals with developmental disabilities.

Our parents recommend Dr. Mungo as a great pediatric dentist.

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